



Back Pain, Numbness, and Sciatica GONE

Headaches BETTER

The Skinners came into Higher Health experiencing a variety of health issues. Kevin suffered from severe back pain, Lisa dealt with leg pain and numbness, and everyone including their kids Luke and Kylie struggled with headaches. Most of their symptoms had been going on for years. Kevin would often times lose sleep because his pain was so severe, and Lisa's legs would go numb after sitting for about an hour. It got to the point where she did not even enjoy going to movies because her legs would fall asleep and become numb soon after sitting down. Kevin went to the doctor and was prescribed pain medications, and Lisa went to her PCP who told her that the numbness was from sciatic nerve damage, and she would have to live with it. They also prescribed her with medications for her migraines. Nothing the doctors offered gave lasting relief. That is when Kevin heard about Higher Health. At first, Lisa had doubts that chiropractic could help because her medical doctor told her nothing could help. However, they decided to give chiropractic a try. After being under principled chiropractic care, the **Skinners are no longer in pain!** Kevin's back pain and **Lisa's numbness and sciatic pain are gone!** Not only that, but everyone's **headaches are all better!** Lisa states, "The pain we had learned to live with and we thought was normal is gone! We rarely take over the counter meds. Our quality of life has greatly improved due to chiropractic care! We recommend chiropractic to everyone we meet!"

"We no longer have minor body aches, rarely have headaches, and we barely use over the counter medications anymore!"

HigherHealth
chiropractic

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